

Group Guidelines

Welcome! To help us keep the space supportive and comfortable for everyone, we kindly ask that you follow the guidelines below:

1. Supervise Your Child

Please keep a close eye on your little one to help keep the space safe and calm for everyone.

2. Play Zones for All Ages

We have different play areas for babies and more mobile little ones, each with age-appropriate toys. Please help children handle toys gently and kindly.

3. Shoes Off on Mats

To keep our play mats clean for crawlers and tummy-time, we ask that everyone removes shoes before stepping on them.

4. Respect Privacy and Boundaries

Please treat all conversations as confidential and do not share photos of others online without their clear permission. What's shared here, stays here.

5. Use Changing Facilities

Please don't use tables to change nappies. There is a changing table available in the accessible toilet for your use.

6. Kindness Keeps Us Going

Let's keep voices gentle and the atmosphere calm. If you have a newborn, use this time to observe, learn and ask questions. If you have a busy toddler, try to remember how those early days felt. Patience and empathy make the group a safe space for everyone.

7. Mindful Snacking

Feel free to bring snacks for your little one. Please avoid choking hazards and check with a parent before offering food to another child due to allergy risks.

8. Help Us Keep It Tidy

Small acts like wiping up spills, putting toys back, or letting us know when something needs cleaning make a big difference. Thank you!

9. Your Belongings, Your Responsibility

The charity cannot accept responsibility for children or personal items during our events.

10. We're Here for You

This is your space too. Peer supporters are always available for confidential chats, and we welcome feedback or suggestions. We're all in this together.

